LITTLE LEAGUE BASEBALL PITCHING LOG

TEAM: _____ **OPPONENT:** _____ **DATE:** _____

TEAM	PITCHER'S NAME	#	LEAGUE AGE	X-out the number as pitch is thrown	O-Circle the number for the last pitch thrown in each half inning, or the number pitcher was frozen
				1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20	**0** CALENDER DAY REST
				21 22 23 24 25 26 27 28 29 30 31 32 33 34 35	**1** CALENDER DAY REST
				36 37 38 39 40 41 42 43 44 45 46 47 48 49 50	**2** CALENDER DAY REST(MAX # OF PITCHES FOR 7-8 YR OLDS)
				51 52 53 54 55 56 57 58 59 60 61 62 63 64 65	**3** CALENDER DAYS REST
				66 67 68 69 70 71 72 73 74 75	**4** CALENDER DAY REST(MAX # OF PITCHES FOR 9-10 YR OLDS)
				76 77 78 79 80 81 82 83 84 85	**4** CALENDER DAY REST(MAX # OF PITCHES FOR 11-12 YR OLDS)
				86 87 88 89 90 91 92 93 94 95	**4** CALENDER DAY REST(MAX # OF PITCHES FOR 13-14 YR OLDS)
				1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20	**0** CALENDER DAY REST
				21 22 23 24 25 26 27 28 29 30 31 32 33 34 35	**1** CALENDER DAY REST
				36 37 38 39 40 41 42 43 44 45 46 47 48 49 50	**2** CALENDER DAY REST(MAX # OF PITCHES FOR 7-8 YR OLDS)
				51 52 53 54 55 56 57 58 59 60 61 62 63 64 65	**3** CALENDER DAYS REST
				66 67 68 69 70 71 72 73 74 75	**4** CALENDER DAY REST(MAX # OF PITCHES FOR 9-10 YR OLDS)
				76 77 78 79 80 81 82 83 84 85	**4** CALENDER DAY REST(MAX # OF PITCHES FOR 11-12 YR OLDS)
				86 87 88 89 90 91 92 93 94 95	**4** CALENDER DAY REST(MAX # OF PITCHES FOR 13-14 YR OLDS)
				1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20	**0** CALENDER DAY REST
				21 22 23 24 25 26 27 28 29 30 31 32 33 34 35	**1** CALENDER DAY REST
				36 37 38 39 40 41 42 43 44 45 46 47 48 49 50	**2** CALENDER DAY REST(MAX # OF PITCHES FOR 7-8 YR OLDS)
				51 52 53 54 55 56 57 58 59 60 61 62 63 64 65	**3** CALENDER DAYS REST
				66 67 68 69 70 71 72 73 74 75	**4** CALENDER DAY REST(MAX # OF PITCHES FOR 9-10 YR OLDS)
				76 77 78 79 80 81 82 83 84 85	**4** CALENDER DAY REST(MAX # OF PITCHES FOR 11-12 YR OLDS)
				86 87 88 89 90 91 92 93 94 95	**4** CALENDER DAY REST(MAX # OF PITCHES FOR 13-14 YR OLDS)
				1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20	**0** CALENDER DAY REST
				21 22 23 24 25 26 27 28 29 30 31 32 33 34 35	**1** CALENDER DAY REST
				36 37 38 39 40 41 42 43 44 45 46 47 48 49 50	**2** CALENDER DAY REST(MAX # OF PITCHES FOR 7-8 YR OLDS)
				51 52 53 54 55 56 57 58 59 60 61 62 63 64 65	**3** CALENDER DAYS REST
				66 67 68 69 70 71 72 73 74 75	**4** CALENDER DAY REST(MAX # OF PITCHES FOR 9-10 YR OLDS)
				76 77 78 79 80 81 82 83 84 85	**4** CALENDER DAY REST(MAX # OF PITCHES FOR 11-12 YR OLDS)
				86 87 88 89 90 91 92 93 94 95	**4** CALENDER DAY REST(MAX # OF PITCHES FOR 13-14 YR OLDS)
				1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20	**0** CALENDER DAY REST
				21 22 23 24 25 26 27 28 29 30 31 32 33 34 35	**1** CALENDER DAY REST
				36 37 38 39 40 41 42 43 44 45 46 47 48 49 50	**2** CALENDER DAY REST(MAX # OF PITCHES FOR 7-8 YR OLDS)
				51 52 53 54 55 56 57 58 59 60 61 62 63 64 65	**3** CALENDER DAYS REST
				66 67 68 69 70 71 72 73 74 75	**4** CALENDER DAY REST(MAX # OF PITCHES FOR 9-10 YR OLDS)
				76 77 78 79 80 81 82 83 84 85	**4** CALENDER DAY REST(MAX # OF PITCHES FOR 11-12 YR OLDS)
				86 87 88 89 90 91 92 93 94 95	**4** CALENDER DAY REST(MAX # OF PITCHES FOR 13-14 YR OLDS)
				1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20	**0** CALENDER DAY REST
				21 22 23 24 25 26 27 28 29 30 31 32 33 34 35	**1** CALENDER DAY REST
				36 37 38 39 40 41 42 43 44 45 46 47 48 49 50	**2** CALENDER DAY REST(MAX # OF PITCHES FOR 7-8 YR OLDS)
				51 52 53 54 55 56 57 58 59 60 61 62 63 64 65	**3** CALENDER DAYS REST
				66 67 68 69 70 71 72 73 74 75	**4** CALENDER DAY REST(MAX # OF PITCHES FOR 9-10 YR OLDS)
				76 77 78 79 80 81 82 83 84 85	**4** CALENDER DAY REST(MAX # OF PITCHES FOR 11-12 YR OLDS)
				86 87 88 89 90 91 92 93 94 95	**4** CALENDER DAY REST(MAX # OF PITCHES FOR 13-14 YR OLDS)

PITCHING/CATCHING: ***Regulation VI*** (a) Any player who has caught in more than 3 innings in a game is not eligible to pitch on that calender day.

(c) A pitcher who delivers 41 or more pitches in a game cannot catch for the remainder of that day.

(k) A player may not pitch in more than on game in a day in the Minor and Major Leagues (Farm and American/National).

(k) Junior League: Players may be used as a pitcher in up to 2 games in a day. Max of 30 pitches in game 1 to be eligible to pitch in game 2. Max total of 95 pitches for the day.